

## **“BECOME THE CEO OF YOUR LIFE!”**

**Says Author of New Book,**

### ***GOOD BYE JOB, HELLO LIFE: Finding Purpose Beyond Work***

When Mira Tasich was laid off, she had to adapt and learn quickly how to survive life after unemployment. Having moved to America as a young teenager, Tasich became focused on obtaining the American dream. She mastered English as well as the challenges of a culture different from her own. However, after losing her dream-fulfilling job, she began to question her long held goals, her job-centric identity, and even her definition of happiness.

In her book, **GOOD BYE JOB, HELLO LIFE: Finding Purpose Beyond Work** ([Balboa Press](#)), Tasich chronicles her struggles as an immigrant to America to regain self-esteem and to begin valuing her ingenuity and creativity. By changing her perspective and her priorities, she became the CEO of her life, no longer putting her job before her needs. In her book, Tasich details her journey to self-discovery and investigates the following issues:

- The familial and personal sacrifices she made for her job
- The obstacles created faced by unemployment and her adaptation to remain upbeat and successful
- The re-alignment of priorities in her life and her new discoveries about herself - a task common to most laid off and frustrated workers.
- The value she finds in discovering and tapping into her creativity
- The importation of meditation and its role in appreciating the present.

In “**GOOD BYE JOB, HELLO LIFE,**” Mira offers insight to laid off and frustrated employees in an unstable economy. And, her tips and tools are applicable to people facing any challenge. She helps her readers to:

- Overcome limiting beliefs and attitudes that keep the workers from getting what they want
- Embrace change and increase their comfort zone
- Tap into their own talents
- Become more well-balanced for a more fulfilling life

“Changes are good,” Tasich states. “We are afraid of them, but we may find out that better opportunities wait for us on the other side of the door. Being out of your comfort zone is good.”

**About the Author**

Mira Tasich rediscovered her latent talents as writer and painter after a successful business career. She nourished her creativity by slowing the pace of her life and seeking solace in nature and Zen-like spaces. She lives in Arizona with her husband.

“Good Bye Job, Hello Life”

By Mira Tasich

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